

WALK IN THE PARK

Cancer Support Group

Stanley Park, Blackpool

1 pm, 4th Thursday of each month (except December)

Starting in January 2018

Meeting point: Outside the café



Walks are easy, gentle, wheelchair accessible and about 30 minutes long. There will be opportunities to sit and rest during the walk, so that those of us struggling with fatigue can join in. After the walk, we like to have a brew or cold drink in the café.

If you have been affected by cancer, as a patient, carer, relative or friend, and would like to join a sociable and free group while getting some fresh air, please come along!

Please wear clothing and footwear appropriate to the weather, and arrive 10-15 minutes early if it is your first walk with us.

If you would like to chat to someone about the group, please contact Hannah on:

Phone: 07879 428970

Email: hannah.mckearnen@nhs.net



Find us on Facebook

'Walk in the park Blackpool cancer group'

www.facebook.com/walkintheparkblackpool